

# RMU POSTDOC CAREER WEEKS 2026

June 8 – 19

## MONDAY, JUNE 8

**10.00 – 12.00 CEST**  
**OFFICIAL WELCOME AND OPENING DISCUSSION**  
What keeps us going? Postdoc Careers between uncertainty, purpose and opportunity

**13.15 – 16.00 CEST**  
**SOCIAL EVENT**  
MAMI Guided Tour – Exploring JGU's electron accelerator

## TUESDAY, JUNE 9

**9.00 – 10.00 CEST**  
**INFORMATION**  
Peer Counseling – A method for Peer-to-Peer Coaching

**10.30 – 12.00 CEST**  
**INFORMATION**  
RMU Benefits for ECRs – What's in it for me?

**13.00 – 16.00 CEST**  
**PANEL DISCUSSION**  
Berufungsverfahren: Von Erfahrung lernen – Schwerpunkt Gesellschaftswissenschaften

**15.00 – 17.00 CEST**  
**WORKSHOP**  
Maintaining mental health in academia and strengthening resilience

## WEDNESDAY, JUNE 10

**9.30 – 16.30 CEST**  
**WORKSHOP**  
Geld für die Forschung – Antragstellen mit Erfolg

**9.30 – 11.00 CEST**  
**INFORMATION**  
An overview of the German scientific landscape – Background and key players

**11.15 – 12.15 CEST**  
**INFORMATION**  
RMU Welcome Centers: Supporting your academic journey in Germany

**13.00 – 16.00 CEST**  
**WORKSHOP**  
Kompetenzbilanzierung und -entwicklung für Promovierende und Postdocs

**13.00 – 16.00 CEST**  
**WORKSHOP**  
Skills mapping for researchers: Identifying and communicating your skills as part of your career strategy

## THURSDAY, JUNE 11

**9.00 – 10.30 CEST**  
**INFORMATION AND TESTIMONIALS**  
Mobility programs for Postdocs

**11.00 – 12.30 CEST**  
**INFORMATION AND TESTIMONIALS**  
Funding opportunities for Junior Group Leaders and for independent research

**14.00 – 17.00 CEST**  
**INFORMATION**  
Gesund bleiben in der Wissenschaft: Mentale Gesundheit erhalten und Resilienz stärken

## FRIDAY, JUNE 12

**10.00 – 11.30 CEST**  
**INFORMATION**  
Prof@HAW: Voraussetzungen, Zugänge & Benefits für Professuren an Hochschulen für Angewandte Wissenschaften

**11.45 – 12.45 CEST**  
**DISCUSSION**  
Beyond the Postdoc: Community dialogue on career pathways with the German Postdoc Network

**13.00 – 14.30 CEST**  
**TESTIMONIALS**  
(Alternative) Career paths in Natural and Life Sciences

## MONDAY, JUNE 15

**9.00 – 10.30 CEST**  
**INFORMATION AND DISCUSSION**  
Bridging the gap: An introduction to science communication and insights from the "Building Bridges" forum

**12.00 – 16.00 CEST**  
**WORKSHOP**  
My visibility as a scientific expert in social media, search engines and artificial intelligence

## TUESDAY, JUNE 16

**9.00 – 15.30 CEST**  
**WORKSHOP**  
Der Blick über den Tellerrand – Karrieremöglichkeiten außerhalb Academia

**10.00 – 11.00 CEST**  
**INFORMATION**  
Using artificial intelligence responsibly

**14.00 – 17.00 CEST**  
**SOCIAL EVENT**  
Postdoc Net-Working: Volleyball optional, networking guaranteed

## WEDNESDAY, JUNE 17

**9.00 – 10.00 CEST**  
**INFORMATION**  
Introduction to Research Data Management and RDM Infrastructures@RMU

**10.15 – 11.15 CEST**  
**INFORMATION**  
Introduction to DMPs and RDMO

**11.30 – 12.30 CEST**  
**INFORMATION**  
Your lab notebook reinvented: Research documentation with eLabFTW

**14.00 – 17.00 CEST**  
**WORKSHOP**  
Introduction to source code management with GitLab and Git

## THURSDAY, JUNE 18

**9.00 – 11.00 CEST**  
**INFORMATION AND DISCUSSION**  
Fair und verantwortungsvoll – Was bedeutet gute wissenschaftliche Praxis in der Betreuung?

**11.15 – 12.15 CEST**  
**INFORMATION AND DISCUSSION**  
Open Science verstehen und anwenden: Impulse für Postdocs

**14.30 – 16.00 CEST**  
**INFORMATION**  
From PhD to Innovator

## FRIDAY, JUNE 19

**10.00 – 13.00 CEST**  
**WORKSHOP**  
Peer-to-Peer Counseling – Facilitated 1st session

**ONLINE  
ON CAMPUS**

The language of the event title indicates the language of the respective event.

Goethe University Frankfurt am Main, Johannes Gutenberg University Mainz, and Technische Universität Darmstadt make up the RHINE-MAIN-UNIVERSITIES (RMU). The RMU is based on the idea of a powerful strategic alliance, led by a team of strong independent partners. Through coordination and close cooperation, they foster improvement in research, teaching, knowledge exchange, and administration and services.



**MORE INFORMATION  
AND REGISTRATION**

<https://www.rhein-main-universitaeten.de/en/rmu-postdoc-career-weeks-2026>

